

# SUPERVISOR RICH DESMOND

## NEWS BULLETIN

Sacramento County Board of Supervisors, District 3



August 2021

Volume 1, Issue 8

---

### IN THIS ISSUE:

- **STUDENTS ARE RETURNING TO SCHOOL**
- **NORTH HIGHLANDS COMMUNITY EVENT**
- **UNSECURED PERSONAL PROPERTY TAXES DUE AUGUST 31, 2021**
- **YOUR INPUT IS NEEDED ON THE CARMICHAEL RECREATION AND PARK DISTRICT MASTER PLAN UPDATE**
- **SACRAMENTO AREA SEWER DISTRICT AND SUMMER PESTS**
- **NORTH HIGHLANDS RECREATION AND**

## STUDENTS ARE RETURNING TO SCHOOL

The **first day of school is right around the corner**, and students are planning to come back for in-person education. As a parent, I know how expensive it can be to get your kids ready for the new school year, especially when they seem to hit a growth spurt each summer! To make things worse this year, many families are still struggling with the economic impact of the pandemic. Thankfully, several local nonprofits and organizations are here to help families prepare for the new school year by providing school supplies, clothes, shoes, and personal hygiene products. Many of these groups serve families in our neighborhoods, and they could use your help with a donation. Here are a few of the organizations in the Third District that are providing services for our local schoolchildren:

### North Highlands and Foothill Farms

**Liberty Towers is requesting donations for gift cards or store vouchers to various retailers that can be shared with students who are in dire need of clothes, shoes, school supplies and PPE.** In addition, sponsors who can help cover the cost of haircuts and styling at local salons and barbershops are very much needed. Please contact the Liberty Towers team for more information and details of how you can make an impact in the lives of scholars and families in the area. Your contributions are tax deductible, and you will receive a letter and receipt. Please call or text (916) 900-6708 or email [bclc@libertytowers.org](mailto:bclc@libertytowers.org).

### Arden Arcade

**Higher Heights Community Church (HHCC) is hosting their 3<sup>rd</sup> Annual Back to School, Health & Wellness Fair on August 14, 2021, at Seely Park.** The event will provide resources and information about access to health care, healthy eating, mental health, and family and community safety while providing the tools needed to prepare our

**PARK DISTRICT  
RECOGNIZED**

- **SAFE SWIMMING  
POOL TIPS FOR  
FAMILIES**
- **CANINE COMFORT  
AT SMF**
- **DON'T FLUSH  
YOUR MEDS**
- **DISTRICT 3  
COMMUNITY  
HERO OF THE  
MONTH**
- **TIME TO BEAT  
THE HEAT, BUT  
WEAR A  
LIFEJACKET**
- **AGING RESOURCS  
EXCHANGE**

---

Supervisor Rich Desmond  
Third District  
Sacramento County  
Board of Supervisors  
700 H Street, Suite 2450  
Sacramento, CA 95814  
[richdesmond@sacounty.net](mailto:richdesmond@sacounty.net)  
PHONE: (916) 874-5471  
FAX: (916) 874-7593  
[Follow Us on Facebook](#)



students for a successful academic season. They are asking for volunteers, financial donations, and donations of food, school supplies, and backpacks. Contact HHCC for more information at (916) 723-0440 or [info@hhcchurch.org](mailto:info@hhcchurch.org) donations can also be made [online at the HHCC website](#).

**Fair Oaks-Orangevale and Carmichael HART Backpack and School Supplies Drive**

**The Fair Oaks-Orangevale and Carmichael Homeless Assistance Resource Teams (HART) are joining together to support students attending schools in the San Juan Unified School District.** There are close to 2,000 San Juan students who are unhoused or in unstable housing environments. Many students who lack a fixed, regular, and adequate nighttime residence are living in transition. These kids are living in a shelter, motel, transitional housing, trailer park, campground, or other makeshift arrangements. They need help. The HARTs will be collecting school supplies and personal items such as underwear, socks, and hair brushes through **August 30**. For questions, please contact Carol at [CarolHorst60@gmail.com](mailto:CarolHorst60@gmail.com) or Dan at [Drsand60@yahoo.com](mailto:Drsand60@yahoo.com).

**Two drop off locations are available:**

- **The Swenson Law firm** (8788 Greenback Ln # 105, Orangevale)
- **San Juan Family Resource Center** (3700 Garfield Ave, Room 14, Carmichael)

**I encourage you to support our local students and their families by donating today.** I also want to offer a huge thank you to the organizations listed above for the selfless work they do!



# NORTH HIGHLANDS COMMUNITY EVENT

**You are invited to join me for a community event on Sunday, August 15 at Strizek Park in North Highlands.** In an effort to improve the health of our community during these trying times, we are holding an event in North Highlands and have invited the **Sacramento County Public Health mobile vaccine trailer so individuals can get a COVID-19 vaccine.** We are partnering with Impact Sac, the Black Child Legacy Campaign and the Sacramento Tree Foundation. The Sacramento Area Sewer District will also be there to provide information about an upcoming project in North Highlands.

Join us with your family and friends and enjoy a free cold treat while supplies last).

**WHEN:** Sunday, August 15, 2021

**TIME:** 11:00AM – 1:00PM

**WHERE:** Strizek Park, 3829 Stephen Drive, North Highlands, CA 95660

QUESTIONS? Call (916) 874-5471 or email [richdesmond@saccounty.net](mailto:richdesmond@saccounty.net).



SUPERVISOR  
**RICH DESMOND**  
THIRD DISTRICT

# NORTH HIGHLANDS COMMUNITY EVENT

TO IMPROVE THE HEALTH OF OUR COMMUNITY DURING THESE TRYING TIMES, WE ARE PARTNERING WITH IMPACT SAC, THE BLACK CHILD LEGACY CAMPAIGN, THE SACRAMENTO TREE FOUNDATION, THE SACRAMENTO AREA SEWER DISTRICT, SACRAMENTO COUNTY PUBLIC HEALTH, AND OTHERS TO OFFER VACCINES AND SHARE INFORMATION ABOUT UPCOMING PROJECTS IN NORTH HIGHLANDS.



**COVID-19 VACCINES WILL BE AVAILABLE!**



## WHEN

SUNDAY,  
AUGUST 15, 2021

## TIME

11:00AM - 1:00PM

## WHERE

STRIZEK PARK, 3829 STEPHEN DRIVE, NORTH HIGHLANDS, CA 95660



WHILE SUPPLIES LAST

QUESTIONS? CALL (916) 874-5471 OR EMAIL [RICHDESMOND@SACCOUNTY.NET](mailto:RICHDESMOND@SACCOUNTY.NET)

## UNSECURED PERSONAL PROPERTY TAXES DUE AUGUST 31, 2021

Annual bills for Sacramento County unsecured personal property taxes for fiscal year 2021-2022 were mailed out on July 16, 2021, and are payable without penalties through August 31, 2021.

Tax notices for property such as business property, business fixtures, boats, and aircraft are mailed to owners of unsecured property in July of each year. If you do not receive a tax bill by August 7, 2021, please contact the Sacramento County Tax Collector's Unsecured Property Tax Unit at (916) 874-7833, between the hours of 9am and 4pm, Monday through Friday (excluding holidays).

**Nonreceipt of a Tax Bill Does Not Excuse Delinquency or Allow the Tax Collector to Cancel Penalties or Collection Costs.**

Tax bills become delinquent if not paid in the Tax Collector's Office by 5 p.m. on August 31, 2021, or received by mail bearing a postmark of August 31, 2021.

If a tax bill is not paid by the delinquency date, a 10 percent penalty and collection cost will be added. DMV registration may be withheld on watercraft if unsecured property taxes are reported delinquent. If a tax bill remains unpaid after October 31, 2021, additional collection costs and monthly penalties at the rate of 1.5 percent will be added to the base tax.

Payments may be made by mail or in person at the County Tax Collector's Office located at 700 "H" Street, Room 1710, Sacramento, CA 95814, between the hours of 8am and 5pm, Monday - Friday, holidays excluded. For credit/debit or eCheck payments please [visit the Sacramento County Property Tax Bill Information System website](#)



**YOUR INPUT IS NEEDED ON  
THE CARMICHAEL  
RECREATION AND PARK**



# DISTRICT MASTER PLAN UPDATE

Parks are invaluable for our overall quality of life, and the **Carmichael Recreation and Park District wants to hear from you! The District is preparing a Recreation and Parks Master Plan Update and is asking community members to provide input.**

A recreation and parks master plan is a strategic document that serves as a guide for many policy decisions: prioritizing and balancing demands and opportunities, providing a framework for park and facility improvements and other expenditures, and improving park and recreational activities.

This update will collect and analyze data regarding the state of current conditions, evolving demographics, and emerging needs in order to develop recommendations to improve, protect, and expand the District's network of parks and recreational services for the future.

The Master Plan will provide a long-term vision for the District's park system and establish a framework to allow the District to respond to new opportunities while ensuring that adequate parks, facilities, and recreation programs meet the needs of the District's future residents, employees and visitors.

Please visit this link to review the [Carmichael District-Wide Recreation & Parks Master Plan Update](#) and [leave your comments](#). **The public review period is open until August 13, 2021.** Questions can be sent to [info@carmichaelpark.com](mailto:info@carmichaelpark.com).



# SACRAMENTO AREA SEWER DISTRICT AND SUMMER PESTS

The Sacramento Area Sewer District (SASD) has seen an increase in customer calls about cockroaches in and around their sewer pipes and access points. Pests are drawn to damp, dark spaces, including crawl spaces, storm drains, and pipes, because they provide a source of water and food. During dry conditions—like Sacramento summers—these pests seek water sources and shelter. Each summer, SASD receives increased calls from concerned citizens about cockroaches in the sewer system.

SASD owns and operates 4,600 miles of sewer pipelines, including 67,000 sewer manholes. Over the years, SASD has used several control methods to address customer concerns and discourage cockroaches from inhabiting the sewer system. If you experience pests in or around SASD pipes or access points, workers will come investigate and use a number of proactive and reactive measures to mitigate the issue. If necessary, SASD will schedule pest control treatment of the pipes by a qualified pest control specialists.



# NORTH HIGHLANDS RECREATION AND PARK DISTRICT RECOGNIZED

Earlier this year, the **California Association of Recreation and Parks Districts (CARPD) Board of Directors selected the North Highlands Recreation and Park District to receive a 2021 Award for Excellence in the Field of Recreation and Parks.** In May 2021, the North Highlands Recreation and Parks District received notification that they were selected to receive the **CARPD Award of Distinction for “Outstanding Innovation” for its Distance Learning Program.**

Like many districts, the North Highlands Recreation and Park District closed its offices, cancelled its recreation programs, activities, services, and rentals in March 2020 due to the Covid-19 pandemic. With local school districts struggling to find an education model that would help meet the needs of its students in the North Highlands community, the NHRPD staff, specifically **Sarah Musser and Rachel Robertson**, proposed an idea of partnering with the Twin Rivers Unified School District (TRUSD) by offering a Distance Learning Program at the NHRPD’s community center. The goal was to provide an in-person program to the most impacted students in our community: homeless, foster youth, students of single low income parents, and children of essential workers.

This effort resulted in a fully subsidized, full day school support program for students that did not have resources to be successful under an “at home” distance learning program model. The NHRPD and TRUSD pilot program has proved so successful and was so well received that the school district used the model to find other partners in the community and expand the program.

NHRPD staff were also able to enlist support from the school district’s nutrition services department to provide daily breakfast, lunch, and dinner for each student, as well as fresh produce bags to take home to their families. Over the course of this nearly twelve month program, additional services have been added to support students in other areas of their lives such as fire safety demonstrations, local law enforcement presentations, STEM (Science, Technology, Engineering, and Mathematics) presentations, and holiday celebrations.

**Congratulations, and thank you to the North Highlands Recreation and Park District** for creating a model program that helped so many people during the pandemic

---



# SAFE SWIMMING POOL TIPS FOR FAMILIES

Summertime is synonymous with swimming, especially in the Sacramento summer heat. As families enjoy gatherings and newly-opened swimming pools, Sacramento County Public Health reminds parents and caregivers to practice water safety tips in and around pools.

In Sacramento County, **70 percent of drowning deaths occurred in children under the age of five**, according to the Safe Kids Program of Greater Sacramento. Drowning is the leading injury-related cause of death for children ages 1-4, and many of those deaths occurred in backyard pools or spas. Even inflatable pools can be dangerous for children.

**Here are a few tips to keep children safe around pools:**

- **Watch your children at all times or designate an official Water Watcher who can swim to monitor children in or around the pool. This should be an adult who is 18 years old or older. Their ONLY job is to supervise children in the water – they should not be reading, texting or playing games on their phone.**
- **Teach children to stay away from drains in pools and spas**
- **Ensure all pools and spas - both in a backyard and any public pool you may visit - have drain covers**
- **Keep a phone nearby for use in an emergency**
- **Enroll your children in swimming and water safety lessons**
- **Learn infant and adult CPR**
- **If a child is missing, check the pool/spa first**
- **Own a pool? Install proper child-proof barriers, covers and alarms on and around your pool and spa**
- **Remove ladders for above ground pools when not in use**

For more safety tips or to download a pool safety app, [visit the U.S. Consumer Product Safety Commission's Pool Safety program website.](#)



---

## CANINE COMFORT AT SMF

The summer is a very busy time at the Sacramento International Airport, and many people get nervous flying. I am glad to report that the **Boarding Area Relaxation Corps (BARC) is back on duty, and these popular pups are roaming the airport terminals as a way to calm nerves and give love and comfort to travelers.** The BARC showcases many puppies and dogs who greet fliers with a wagging tail and a peppy attitude.

**BARC dogs will be at SMF on Mondays, Wednesdays, and every first and third Friday.** Each dog and its handler are part of the [Lend a Heart Animals Assisted Therapy](#) organization, a Sacramento-area non-profit founded in 1987 that provides animal-assisted therapy throughout the region. The organization also has additional teams that visit hospitals, nursing homes and libraries.



## DON'T FLUSH YOUR MEDS

Help us prevent the misuse of medications and keep them from entering our waterways. Flushing unused or expired prescription and over-the-counter medications down the sink or toilet can pollute the environment. Look for a medication collection bin at your local pharmacy, medical provider, or law enforcement office. Please keep these tips in mind:

- **Dispose of unused prescription and over-the-counter medications responsibly**
- **Prior to drop-off, remove pills from containers and put in a clear zipper bag. Keep medicated liquids and creams in original containers.**
- **Recycle your empty containers, but first scratch off or black out personal information.**
- **Find a medication collection bin near you and place zipper bags, liquids, and creams in the bin.**

Only household prescription, over-the-counter, and pet medications are accepted. For more information please visit the Sacramento Regional Sanitation website at this link [www.dontflushyourmeds.com](http://www.dontflushyourmeds.com) or call (916) 875-9393.



## DISTRICT 3 COMMUNITY HERO OF THE MONTH

I am excited to announce a new monthly program to recognize people who are doing wonderful things in the community. After recently honoring several constituents who have selflessly given of their time and resources, we decided to make it a regular feature in the newsletter.

Each month we will recognize an outstanding community member who goes above and beyond helping to make Sacramento County a better place to live, work, and play for our residents. I hope to bring awareness to the excellent work that community members are doing in District 3.

You can nominate a Sacramento County District 3 Community Hero of the Month by filling out this [nomination form](#). The selected Community Hero of the Month will be featured in our newsletter and social media and will receive a certificate of recognition. I look forward to honoring all of those who work so hard to make our communities shine.

If you have questions about this new program please feel free to email me at [richdesmond@sacounty.net](mailto:richdesmond@sacounty.net) or call my office at (916) 874-5471.

---

## TIME TO BEAT THE HEAT, BUT WEAR A LIFEJACKET

The American and Sacramento rivers are the lifeblood of Sacramento and home to abundant wildlife as well as fun and refreshing activities. **The rivers are beautiful, but cold water, swift currents and under water hazards make them dangerous, even for strong swimmers.** Make sure your little ones are in the best of hands by strapping them into a certified lifejacket. **It's the law for kids under 13! The California Division of Boating and Waterways life vest loaner program provides more than 2,000 new life vests a year.** They are easily accessible for children, and they are free. You can borrow a life vest at one of the many borrowing stations along Sacramento's public waterways.

- Discovery Park (2 sites) (kids and adults)
- Ancil Hoffman Park (kids only)
- Howe Avenue river access(kids only)
- Paradise Beach (kids only)
- Watt Avenue river access(kids only)
- RiverBend Park (kids only)
- Sunrise river access(kids only)

For more information about water safety please visit this link: [#lifelooksgoodonyou](#)



## AGING RESOURCES EXCHANGE

The Aging Resources Exchange brings together community members and professionals to learn about programs serving older and dependent adults in Sacramento County. This free monthly virtual event is sponsored by the Sacramento County Adult and Aging Commission. On Tuesday, August 31, from 9:30-11am, representatives from the City of Sacramento and Meals on Wheels will discuss how they continue to serve older adults in the face of uncertainty around the COVID-19 pandemic. Join

the meeting by clicking on the following [Zoom link](#). For more information, email [sacagingresources@gmail.com](mailto:sacagingresources@gmail.com).

---